

# AMERICAN Small Farm

Volume 14, Number 5

May 2005

## C O N T E N T S

### Features

#### The New Micro Eco-Farmers 6

This article is from chapter one of Barbara Berst Adams' recently published book "Micro Eco-Farming: Prospering from Backyard to Small Acreage in Partnership with the Earth."

#### Raising Farm Kids 12

Steve Edwards says, "I like farm kids. After spending over 20 years in secondary education, I can honestly say that farm kids are generally better adjusted, friendlier, possess a higher degree of commitment/self discipline, and are better behaved than their urban/suburban counterparts."

#### Making On-Farm Cheese 14

It's just what it sounds like — making a value-added product on the farm from a raw agricultural material, in this case milk.

#### Balancing Milk Levels in Beef Herds 16

One of the challenges in beef cattle selection and culling involves finding the optimum level of milk production for the herd. Optimum does not necessarily mean maximum.

#### Selecting the Most Profitable Crop 18

As crop producers continue to experience shrinking profit margins, adding non-traditional crops to the operation can be an opportunity to enhance income.

#### How Many Farms Can You Fit In One Apartment? 20

"Now anyone can enjoy growing, with or without land," says Jay North. "How? By growing organically in a windowsill garden. In this and future articles I am going to show you how."

#### An Introduction To Drip Irrigation 26

Drip irrigation can be a great aid to the efficient use of water and may keep your plants producing when the rains stop.

#### Brassica Crops Can Extend The Grazing Season 28

Forage brassica crops such as turnip, swede, rape, and kale can be spring-seeded to supplement the perennial cool-season pastures in August and September or summer-seeded to extend the grazing season in November and December.

### Livestock Equipment Section

#### My Mind is a Web Browser 34

This article will give you insights about how Temple Grandin became a designer of livestock handling facilities.

#### How To Set Up Cattle Handling Facilities 38

This article has some practical tips on why some handling systems work better than others.

#### How To Select the Right Livestock Waterer 38

### Columns & Departments

#### Small Farm Talk 3

This month Andy continues on a subject he mentioned at the end of his March column: How family farms can become an important part of the wellness industry that is predicted to become one of next trillion-dollar markets.

#### Homeland Treasures 24

Yolanda & Friends Quilt Patterns are featured.

#### On the bookshelf 30

Books that can help you do a better job and live the good life on your place in the country.

#### Over The Fence 32

This column is a place for you to share and learn about what is happening on family farms.

#### Calendar 40

Farm shows and events for learning and enjoyment.

#### Recipes 42

Our recipes reflect that May is National Salad Month. It is also National Strawberry Month, National Barbecue Month, National Egg Month, National Beef Month, National Asparagus Month, National Osteoporosis Prevention Month, National Salsa Month and National Herb Week (May 2 - 8, 2005).

#### Last Word 47

Farm to cafeteria projects provide an important new sales outlet for small and medium sized farmers.

## AMERICAN Small Farm

Editor: Andrew Stevens  
Associate Editor: Kerri Terman  
Creative Director: Ryan Mumm  
Circulation: Amy Kingsborough

Barbara Berst Adams, Londa Anklam, Herman Beck-Chenoweth, Steve Edwards, Temple Grandin, Marvin H. Hall, Alice Henneman, Richard Hiatt, Jerry Jung, P. Kendall, C. McDaniel, Robert Moore, Jay North, Jane Parish, Bill Schaefer, Clinton C. Shock and Paul Winters


Advertising: Marti Smith, Director;  
Leon Kincaid, Account Manager  
Roger White, Account Manager  
Amy Kingsborough, Sales Associate

Publisher: Farm & Ranch Publishing, LLC  
Andy Stevens: Vice-President, Editor  
Marti Smith: Vice-President, Advertising

Publishing Office: 267 Broad Street  
Westerville, OH 43081  
Phone: (614) 895-3755  
FAX: (614) 895-3757

E-mail: [info@smallfarm.com](mailto:info@smallfarm.com)  
Web site: <http://www.smallfarm.com>

Editorial Office:  
P.O. Box 1059, Delaware, OH 43015  
Phone: (614) 895-3755  
FAX: (614) 895-3757

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### About the cover

This month's cover photo features Jacob Sheep. It comes from Londa Anklam. She does our Homeland Treasures' feature. She says, "Jacobs caught my heart immediately with their unusual horns and delightful coloring, plus the fascinating Biblical reference. So much so that I was compelled to write and illustrate a book about them. Although my girls are grown and gone now, I still raise a small flock out of the foothills of the Oregon Cascade Mountains. Photo by Londa Anklam, Lacombe, Oregon.