

AMERICAN Small Farm

Volume 14, Number 6

June 2005

CONTENTS

Features

Is This Heaven? No, it's ... 6

"No, it's Iowa." That is according to Denny (the General) Mills. You will enjoy his description of some missions he and a group have taken with Powered parachutes. These are ultra light flying machines.

Raising Dairy Heifers On Pasture 8

Heifers are the foundation of dairy enterprises of any size. These replacements represent a major investment. The article will show you where to find information about raising replacement heifers on pasture.

Horse Progress Days Feature Farming And Logging 10

Each July a little known event takes place. While the name Horse Progress Days might seem a bit puzzling to those unfamiliar with it, anyone with an interest in farming should take advantage of this unique opportunity to learn how draft animals are making a glorious return to the farming industry.

Alpacas: A Big Business for Small Farms 12

More and more people are discovering the alpaca fiber is valuable. Many alpaca farms sell a variety of items made from this wonderful fiber. That is one of the reasons that alpacas are attractive people with small farms.

Families And ATVs On The Farm 14

ATVs are a great help on farms. However, their smaller size and fun nature leads people to think of ATVs more as toys than machines. Unfortunately, this can sometimes result in unsafe riding. This article provides you with safe riding tips.

Organic Farmer/Grower Section

Growing The Healing Herbs 18

Growing medicinal herbs can be both pleasurable and profitable. This article describes some of herbs you may want to grow. Here is some information can help you get started in the herb business.

Sustainable Farm Management 20

Farm management is the science and art of arranging all the parts of a farm so it will fulfill the goals you and your family have for it. Sustainable farming requires a holistic approach to farm management – an approach that manages the farm as a whole rather than as a collection of separable components or parts.

Columns & Departments

Small Farm Talk 3

This month Andy writes about the new USDA food pyramid. This simple illustration is supposed to convey what the USDA says are the elements of a healthy diet. The old one did seem to do this job well. So will MyPyramid do any better?

Over The Fence 15

This column is a place for you to share and learn about what is happening on family farms.

Homeland Treasures 16

Yolanda & Friends Quilt Patterns are featured.

Recipes 22

This month our recipes are designed to help you reach your nutritional goals. We also have some healthy snacking ideas that should be fun for you to make and eat.

AMERICAN Small Farm

Editor: Andrew Stevens
Associate Editor: Kern Terman
Creative Director: Ryan Mumm
Circulation: Amy Kingsborough

Londa Anklam, Cindy Berman, Herman Beck-Chenoweth, Steve Edwards, John Ikard, Jake Jundef, Karen L. Kirsch, Denny (the General) Mills and Bill Schaefer

Advertising: Mari Smith, Director,
Leon Kincald, Account Manager
Roger White, Account Manager
Amy Kingsborough, Sales Associate

Publisher: Farm & Ranch Publishing, LLC
Andy Stevens, Vice-President, Editor
Mari Smith, Vice-President, Advertising

Publishing Office: 267 Broad Street,
Westerville, OH 43081
Phone: (614) 895-3755
FAX: (614) 895-3757

E-mail: info@smallfarm.com
Web site: http://www.smallfarm.com

Editorial Office:
P.O. Box 1059, Delaware, OH 43015
Phone: (614) 895-3755
FAX: (614) 895-3757

American Small Farm Magazine is
proud to support IFA.

Calendar 24

Farm shows and events for learning and enjoyment.

On the bookshelf 26

Books that can help you do a better job and live the good life on your place in the country.

Rural Reflections 31

This month Bill Schaefer discusses the importance of taking some time for rejuvenation.

About the cover

This month's cover photo come from the Alpaca Owner and Breeders Association, Riverside Alpacas. Be sure to read the article on page 12. It tells about Chris Gilman of Jordan, New York who became the third Golden Circle Award winner at the recent alpaca industry Fiber to Fashion National Conference. Chris lives in a home on 7 1/2 acres. "We researched alpacas and alpaca farming for about 1 1/2 years before we actually started," says Chris. After their research was complete, Chris and her sister became partners in the business. Riverside Alpacas is presently home of 35 alpacas. Two years ago, Chris and her husband, Mickey, began operation of A+ Alpaca Fiber Mill.

